

When You Hear The Emergency Sirens – Do The Following:

- 1. Turn to radio station B93 FM (93.1 on the FM dial). B93 operates from 6:00 a.m. until midnight. If between the hours of midnight and 6 a.m. and there is no message being broadcast on B93 turn to KBWH (FM) 99.5 on your radio dial. (you will be told when to turn back to your local station B93)
- 2. Listen For Instructions.

WHAT YOU WILL HEAR ON CFOB FOR A TEST ONLY (usually the first Wednesday of every month)

There is presently an emergency training exercise being conducted in the B93 broadcast area. This is an exercise only and not an emergency situation. Should an emergency arise, we would ask you to listen to this station for further information. We repeat this is an emergency training exercise being conducted in the B93 broadcast area. This is not an emergency situation.

WHAT YOU WILL HEAR ON CFOB FOR AN ACTUAL EMERGENCY

There is presently a state of emergency occurring in the B93 broadcast area. Please keep listening to this station for further information. Do Not call this radio station or any of the area's emergency services unless there is a direct threat to your or anybody else's immediate safety. We are aware of the present emergency situation and it is necessary to keep the phone lines open.

3. IF EVACUATION ORDER IS GIVEN - DO THE FOLLOWING:

- a) Dress for the season.
- b) If on medication, take it with you.
- c) Turn off appliances such as stove, TV, etc. Lock house.
- d) Proceed to the emergency receiving centre as directed.

CHEMICAL SPILL OR LEAK

- a) If evacuation of your zone or area is advised proceed immediately in the direction indicated. Zones are found on the map. Directions will be determined by weather conditions, location and nature of the spill or leak.
- b) If trapped in the building, the nature of the chemical involved will determine where to location. If the chemical is lighter than air, locate at the lowest point possible in the building. If the chemical is heavier than air, locate at the highest point possible in the building. Close all doors and windows and seal with available material. Use wet rags, tape, or whatever is available. Remain in the room until search parties reach your location.

TORNADO PROCEDURE

- a) Remain in the building.
- b) Go to the lowest possible level near the centre of the building.
- c) Stay away from natural openings such as windows and doors.
- d) Sit on the floor protecting head and face with your arms.
- e) If unable to reach the centre of the building, use desks and tables to protect yourself from flying glass and debris.
- f) However, open doors and windows slightly on the side of the house away from the storm to help equalize pressure and thus reduce damage.

NOTE: Memorize what zone you reside in. This will tell you if you are affected by the evacuation order. You will be told which receiving centre to go to.

GENERAL INSTRUCTIONS TO BUSINESSES

- a) Be sure all customers have vacated building.
- b) Dismiss all staff.
- c) Leave building and make sure the building is locked.

PLACE THIS MAP ON THE INSIDE COVER OF YOUR TELEPHONE DIECTORY